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# मैथमेटिकल एकेडमी

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## ❖ ASSIGNMENT - 1

### Chapter – Respiration in Organisms :-

**Q (1) :** What is respiration?

**Ans :** A process that converts food into energy.

**Q (2) :** Why do organisms need energy?

**Ans :** For growth, movement, and all life activities.

**Q (3) :** What are the two main types of respiration?

**Ans :** Aerobic and anaerobic respiration.

**Q (4) :** What is aerobic respiration?

**Ans :** Respiration that requires oxygen.

**Q (5) :** What is anaerobic respiration?

**Ans :** Respiration that occurs without oxygen.

**Q (6) :** Where does aerobic respiration occur?

**Ans :** In the mitochondria of cells.

**Q (7) :** What is the main product of aerobic respiration?

**Ans :** Energy (ATP), water, and carbon dioxide.

**Q (8) :** What do we produce during anaerobic respiration in humans?

**Ans :** Lactic acid and energy.

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**Q (9) :** What does yeast produce during anaerobic respiration?

**Ans :** Alcohol (ethanol) and carbon dioxide.

**Q (10) :** What is ATP?

**Ans :** Adenosine triphosphate; it stores and provides energy for cells.

**Q (11) :** What is the equation for aerobic respiration?

**Ans :** Glucose + Oxygen → Carbon Dioxide + Water + Energy.

**Q (12) :** How do plants respire?

**Ans :** By using glucose made during photosynthesis.

**Q (13) :** What is the role of oxygen in respiration?

**Ans :** It helps break down glucose to release energy.

**Q (14) :** Can organisms respire without oxygen?

**Ans :** Yes, some can use anaerobic respiration.

**Q (15) :** Which organisms mainly use aerobic respiration?

**Ans :** Most animals and many plants.

**Q (16) :** What is cellular respiration?

**Ans :** The breakdown of glucose to produce energy in cells.

**Q (17) :** How do fish breathe?

**Ans :** Through gills that extract oxygen from water.

**Q (18) :** How do insects respire?

**Ans :** Using a system of tubes called tracheae.

**Q (19) :** How do amphibians breathe?

**Ans :** Through skin and lungs.

**Q (20) :** What is the main organ for breathing in humans?

**Ans :** The lungs.

**Q (21) :** What gas do we inhale?

**Ans :** Oxygen.

**Q (22) :** What gas do we exhale?

**Ans :** Carbon dioxide.

**Q (23) :** How do plants exchange gases?

**Ans :** Through small openings called stomata.

**Q (24) :** What is hemoglobin?

**Ans :** A protein in red blood cells that carries oxygen.

**Q (25) :** What happens when we breathe?

**Ans :** We inhale oxygen and exhale carbon dioxide.

**Q (26) :** What makes up the respiratory system?

**Ans :** Organs like the lungs, trachea, and diaphragm.

**Q (27) :** How does exercise affect breathing?

**Ans :** It increases the need for oxygen.

**Q (28) :** What happens to the respiration rate during exercise?

**Ans :** It increases to supply more oxygen.

**Q (29) :** What is the difference between breathing and respiration?

**Ans :** Breathing is the act of inhaling and exhaling; respiration is the chemical process of energy production.

**Q (30) :** How do bacteria respire?

**Ans :** They can respire either aerobically or anaerobically.

**Q (31) :** What is fermentation?

**Ans :** An anaerobic process that produces alcohol or acid.

**Q (32) :** Do plants respire at night?

**Ans :** Yes, they respire continuously, even without sunlight.

**Q (33) :** What is the main purpose of respiration?

**Ans :** To produce energy for cellular activities.

**Q (34) :** How does temperature affect respiration?

**Ans :** Higher temperatures can increase the rate of respiration.

**Q (35) :** What is oxygen debt?

**Ans :** The amount of oxygen needed to break down lactic acid after intense exercise.

**Q (36) :** How do birds breathe?

**Ans :** Using lungs and air sacs for efficient gas exchange.

**Q (37) :** What is the main byproduct of respiration?

**Ans :** Carbon dioxide.

**Q (38) :** What type of respiration do deep-sea organisms often use?

**Ans :** Anaerobic respiration due to low oxygen availability.

**Q (39) :** What happens to the energy produced during respiration?

**Ans :** It is used for various cellular functions.

**Q (40) :** How do plants store energy from respiration?

**Ans :** As glucose or starch.

**Q (41) :** What do decomposers do?

**Ans :** They break down dead organic matter, recycling nutrients.

**Q (42) :** How does respiration relate to climate change?

**Ans :** It releases carbon dioxide, a greenhouse gas.

**Q (43) :** What is the difference in efficiency between aerobic and anaerobic respiration?

**Ans :** Aerobic respiration is more efficient, producing more ATP per glucose molecule.

**Q (44) :** What role does the diaphragm play in breathing?

**Ans :** It contracts and relaxes to help move air in and out of the lungs.

**Q (45) :** How do mammals primarily get oxygen?

**Ans :** By inhaling it into their lungs.

**Q (46) :** What happens if an organism cannot respire?

**Ans :** It cannot produce energy and will die.

**Q (47) :** What adaptations do animals have for respiration?

**Ans :** Gills in fish, lungs in mammals, and tracheae in insects.



**Q (48) :** How does altitude affect respiration?

**Ans :** Higher altitudes have lower oxygen levels, making it harder to breathe.

**Q (49) :** What is the importance of respiration in ecosystems?

**Ans :** It recycles carbon and energy through food webs.

**Q (50) :** How does respiration and photosynthesis relate?

**Ans :** They are opposite processes; photosynthesis makes glucose, while respiration uses it.

**Q (51) :** What do aerobic organisms need to survive?

**Ans :** Oxygen.

**Q (52) :** What do anaerobic organisms prefer?

**Ans :** Environments without oxygen.

**Q (53) :** How does the body use lactic acid after exercise?

**Ans :** It converts it back to glucose when oxygen is available.

**Q (54) :** What is a respiratory surface?

**Ans :** An area where gas exchange occurs, like lungs or gills.

**Q (55) :** How do larger animals breathe efficiently?

**Ans :** They have specialized respiratory systems to meet higher oxygen demands.

**Q (56) :** What is the significance of respiration in plants?

**Ans :** It helps them grow and produce energy for cellular activities.

**Q (57) :** What are alveoli?

**Ans :** Tiny air sacs in the lungs where gas exchange occurs.

**Q (58) :** What is external respiration?

**Ans :** The exchange of gases between the atmosphere and blood in the lungs.

**Q (59) :** What is internal respiration?

**Ans :** The exchange of gases between blood and body cells.

**Q (60) :** How do some bacteria obtain energy?

**Ans :** By breaking down organic matter or inorganic compounds.

**Q (61) :** What is a byproduct of cellular respiration?

**Ans :** Water, along with carbon dioxide.

**Q (62) :** What do decomposers release during respiration?

**Ans :** Nutrients back into the soil.

**Q (63) :** How do plants use the oxygen produced during photosynthesis?

**Ans :** For respiration.

**Q (64) :** What role does respiration play in energy transfer?

**Ans :** It converts stored energy in food into usable energy.

**Q (65) :** How do amphibians breathe as larvae?

**Ans :** They typically use gills before developing lungs.

**Q (66) :** What are stomata?

**Ans :** Small openings on plant leaves for gas exchange.

**Q (67) :** What happens to the carbon dioxide produced in respiration?

**Ans :** It is released into the atmosphere or used by plants.

**Q (68) :** How does respiration contribute to body temperature?

**Ans :** Energy production generates heat.

**Q (69) :** What is the relationship between respiration and digestion?

**Ans :** Digestion breaks down food, providing glucose for respiration.

**Q (70) :** How do mammals adapt to low oxygen environments?

**Ans :** They may increase lung capacity or heart rate.

**Q (71) :** What is the role of enzymes in respiration?

**Ans :** They help speed up chemical reactions during energy production.

**Q (72) :** How do aquatic plants respire?

**Ans :** Through structures that allow gas exchange with water.

**Q (73) :** What can high levels of carbon dioxide indicate?

**Ans :** Poor air quality or high respiration rates.

**Q (74) :** How do respiration rates change with age?

**Ans :** They can decrease as metabolic rates decline.

**Q (75) :** What is the significance of the Krebs cycle?

**Ans :** It produces energy carriers used in aerobic respiration.

**Q (76) :** How do cold-blooded animals respire?

**Ans :** Their respiration rate may decrease in cooler temperatures.

**Q (77) :** What factors can affect respiration rates?

**Ans :** Activity level, temperature, and oxygen availability.

**Q (78) :** What happens during the process of glycolysis?

**Ans :** Glucose is broken down to produce energy.

**Q (79) :** How do cacti respire?

**Ans :** They open their stomata at night to reduce water loss.

**Q (80) :** What is the effect of pollutants on respiration?

**Ans :** They can harm respiratory systems in animals and humans.

**Q (81) :** How do parasites respire?

**Ans :** Many rely on their hosts for oxygen and nutrients.

**Q (82) :** What is the function of the trachea?

**Ans :** It transports air to and from the lungs.

**Q (83) :** How do some plants adapt to low oxygen?

**Ans :** They develop aerenchyma, which helps in gas exchange.

**Q (84) :** What is the significance of aerobic bacteria?

**Ans :** They help decompose organic matter and recycle nutrients.

**Q (85) :** How does the respiratory rate change during sleep?

**Ans :** It typically slows down.

**Q (86) :** What are some symptoms of respiratory distress?

**Ans :** Difficulty breathing, wheezing, or coughing.

**Q (87) :** How do mammals like whales respire?

**Ans :** They surface to breathe air through a blowhole.

**Q (88) :** What is the role of carbon dioxide in respiration?

**Ans :** It is a waste product that must be expelled from the body.

**Q (89) :** How do root cells in plants respire?

**Ans :** They use oxygen from the soil to break down sugars.

**Q (90) :** What are the effects of high carbon dioxide levels?

**Ans :** They can lead to acidification in water bodies.

**Q (91) :** How do terrestrial plants adapt to drought?

**Ans :** They may close stomata to conserve water, affecting respiration.

**Q (92) :** What is the importance of nitrogen in respiration?

**Ans :** It is not directly involved in respiration but is crucial for overall plant health.

**Q (93) :** How do reptiles breathe?

**Ans :** They use lungs, like mammals, but some can also absorb oxygen through their skin.

**Q (94) :** What role do red blood cells play in respiration?

**Ans :** They transport oxygen from the lungs to body tissues.

**Q (95) :** How do fungi respire?

**Ans :** They can respire aerobically or anaerobically, depending on the environment.

**Q (96) :** What is the primary function of the nasal passages?

**Ans :** To filter, warm, and humidify the air we breathe.

**Q (97) :** How do respiratory illnesses affect respiration?

**Ans :** They can obstruct airflow and reduce oxygen intake.



**Q (98) :** What is the connection between respiration and metabolism?

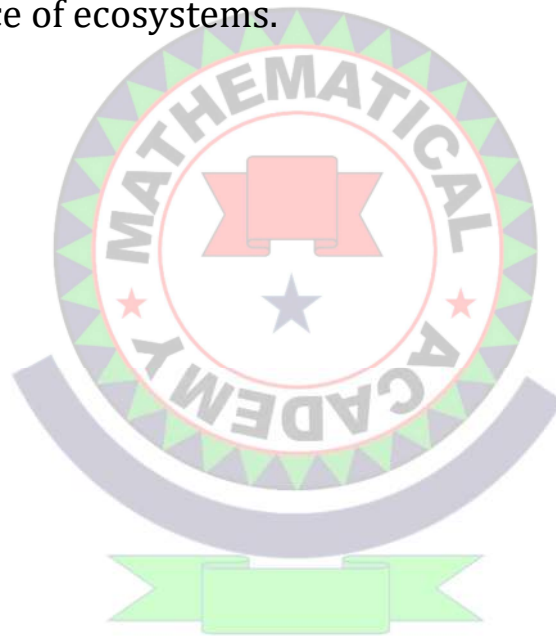
**Ans :** Respiration is a part of metabolism, providing energy for metabolic processes.

**Q (99) :** How do plants help improve air quality?

**Ans :** They absorb carbon dioxide and release oxygen during photosynthesis.

**Q (100) :** What is the importance of studying respiration in organisms?

**Ans :** It helps us understand how life functions and the interdependence of ecosystems.



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